

# New Sellva Discoveries

*The fauna and flora of this jungle just keeps on growing.*

*Don't miss our fresh arrivals, they keep on flowing!*

## Starters

- Oven baked falafel with sesame sauce and fresh herbs 5 €
- Cheese and tapioca balls with herb sauce 6 €

## Main Dishes

- Grilled vegetable and oat salad, sweet potato, Portobello mushrooms, lettuce, cherry tomato, lamb's lettuce, avocado cream and pesto 12,5 €

## Desserts

- Chocolate and hazelnut cake with pineapple and yogurt 6 €



You are invited to

# sellva

## Brunch

Everyday until 18h00

Reservations  
www.sellva.pt

# Into the Wild

## Couvert

- Creamed ricotta and harissa with toasted bread 3 €

## Starters

- Soup of the day 4 €
- Chickpea and beetroot hummus with carrots sticks 5 €
- Oven baked falafel with sesame sauce and fresh herbs 5 €
- Wild sweet potatoes with a kimchi emulsion 6 €
- Cheese and tapioca balls with herb sauce 6 €
- Vietnamese rolls with Asian sauce 6,5 €
- Tacos with avocado cream and sautéed shrimp with spicy and yuzo sauce 10 €
- Guacamole with totopos 7,5 €
- Tuna lettuce tacos with tuna tartar, kimchi emulsion and lime 8 €

## Main Dishes

- Grilled vegetable and oat salad, sweet potato, Portobello mushrooms, lettuce, cherry tomato, lamb's lettuce, avocado cream and pesto 13 €
- Sellva Burrito with chilli, kimchi mayonnaise, heart of lettuce and sweet potato 11,5 €
- Nasi Goreng from Sellva with prawns, with prawns, snow peās, fried egg, basmati rice, chilli, shallots, shiitake mushrooms, pak choi, cashews and chives 16 €
- Bowl veggie with heart of lettuce, cherry tomato, red onion, avocado, quinoa, pinenuts, pineapple, balsamic vinaigrette and yuzo mayonnais 13 €
- Bowl Brazil with sautéed prawns, brown rice, moqueca sauce and farofa (toasted cassava) 13,5 €
- Tuna tartare with quinoa, avocado cream, red onion, tomato and spicy Asian sauce 16 €
- Beetroot risotto with mushrooms and parmesan and tofu 14,5 €
- Vegetable Pad Thai with rice noodles, lime and tamarind + chicken or prawns 4,5 € 16 €
- Roast chicken with kimchi, sweet potato, and avocado cream 13,5 €
- Roast chicken with black beans and bacon, avocado cream and fried egg with brown rice 14 €
- Tuna tataki with a vegetable wok and teriaki sauce 18 €
- Beyond Meat hamburger, gouda cheese, kimchi emulsion, onions, pickles, lettuce, avocado cream in a brioche bun with sweet potato 14,5 €

## Menu Kids for children under 12

- Roast chicken with basmati rice + Juice of the day 9 €

## Desserts

- Sellva's healthy brigadeiro 1,6 €
- Fruit bowl with flaxseeds and almonds 6 €
- Cheesecake with yougurt and red berries 5 €
- Healthy brownie and peanut brownie with caramel ice cream 5 €
- Chocolate and hazelnut cake with pineapple and yogurt 6 €
- Laminated fruit 4 €
- Ice cream scoop caramel, tangerine, strawberry 4 €

# Hydration Waterfall

## Freshly Squeezed Juices

- King of the Jungle – Juice of the day 3 €
- Mogli – Pineapple, mango, lime and basil 4,5 €
- Bagheera – Orange, raspberry and lime 4,5 €
- Simba – Orange 4,5 €
- Kaa – Pineapple and mint 4,5 €
- Nala – Basil or red fruit lemonade 3 €

## Detox Juices

- Timon – Banana, orange, spinach, lettuce and sunflower seeds 4,5 €
- Pumba – Beetroot, cucumber, orange and ginger 4,5 €

## Smoothies

- Fiona – Kiwi, apple, broccoli, avocado, lime juice, banana and vegetable drink 6,5 €
- Pocahontas – Coffee, hazelnut, oats, lemon juice, ginger, banana and vegetable drink 6 €
- Zazu – Red berries, oats, cashew, orange juice, ginger, mint and vegetable drink 6,5 €
- Baloo – Pineapple, vegetable drink, orange juice, mango pulp, cashew, sunflower seeds, basil and lemon juice 6 €



## Cafeteria

- Water still or sparkling (50cl) 2 €
- Expresso bio 2 €
- Double expresso 2,5 €
- Expresso macchiato 2,2 €
- Americano 3 €
- Latte\* 3,5 €
- Cappuccino\* 3,5 €
- Hot chocolate 3,5 €
- Fresh mint infusion 3 €
- Ginger infusion 3 €
- Tumeric infusion 4 €
- Gorreana black or green tea 3 €

\*With almond milk + 1 €

Vegan Nuts and Peanuts Lactose Free Spicy Gluten Free

We do not guarantee the absence of gluten due to cross-contamination in our dishes.

