

Jet Lag

- Fruit bowl** with flaxseeds and almonds ♡ ◎ 6 €
Açaí, banana, lemon granola, nuts and seeds ♡ ◎ 7,5 €
Natural yogurt with redberry jam and granola ◎ 5 €
Banana muffin ☼ 3,25 €
Sellva's healthy "brigadeiro" 1,6 €
Sellva's healthy "brigadeiro" + Café bio 2,5 €

Toasts & Friends

Organic wheat bread

Organic wheat bread with activated charcoal

- Plain toast** with butter and homemade jam 4 €
Toast with avocado cream and marinated cherry tomato 5,2 €
Homemade coconut bread with cinnamon and redberry jam 4,25 €
Breakfast burrito with scrambled eggs, avocado cream, bacon, gouda cheese, sweet potato and kimchi mayonnaise 9,5 €

Pancakes

Available every day until 18h00

- Pancakes** with redberries and peanut butter ☼ ◎ 7 €
Pancakes with nutella from Sellva and redberries ☼ ◎ 7,25 €
Ricotta pancakes with banana and maple syrup ☼ 7 €

Eggs

Organic wheat bread base

Organic wheat bread with activated charcoal base

Sweet potato base ♡

- Eggs filllorentine poached** with sautéed spinach and hollandaise sauce 8,5 €
Eggs with smoked salmon, avocado and cashew ◎ 10,5 €
Eggs with avocado, tomato, poppy seeds with bacon or smoked salmon 9,5 €

Ovos may be poached, fried or scrambled.

Hydration Waterfall

Freshly Squeezed Juices

- King of Sellva** – Juice of the day 3 €
Mogli – Pineapple, mango, lime and basil 4,5 €
Bagheera – Orange, raspberry and lime 4,5 €
Simba – Orange 4,5 €
Kaa – Pineapple and mint 4,5 €
Nala – Basil or redberry lemonade 3 €

Detox Juices

- Timon** – Banana, orange, spinach, lettuce and sunflower seeds 4,5 €
Pumba – Beetroot, cucumber, orange and ginger 4,5 €

Smoothies

- Fiona** – Kiwi, apple, broccoli, avocado, lime juice, banana and vegetable drink 6,5 €
Pocahontas – Coffee, hazelnut, oats, lemon juice, ginger, banana and vegetable drink 6 €
Zazu – Redfruits, oats, cashew, orange juice, ginger, mint and vegetable drink 6,5 €
Baloo – Pineapple, vegetable drink, orange juice, mango pulp, cashew, sunflower seeds, basil and lemon juice 6 €

Cafeteria

- Bio espresso 2 €
Double bio espresso 2,5 €
Espresso macchiato 2,2 €
Americano 3 €
Latte* 3,5 €
Cappuccino* 3,5 €
Hot chocolate 3,5 €
Fresh mint infusion 3 €
Ginger infusion 3 €
Tumeric infusion 4 €
Gorreana black or green tea 3 €

From the Bar

Jungle Cocktails

Scar – Absolut Vodka, lemon juice and cinnamon 8 €

King Kong – Beefeater, grapefruit, ginger and cloves 8 €

Ed – Tequila, lemon and strawberry 8 €

Shere Kan – Rum, Aperol, lime and pineapple 8 €

Rei Juliano – Sparkling wine, mango and passion fruit sangria (1L 23 €

Urban Cocktails

Caipirinha or Caipiroska 8 €

Caipirinha or Caipiroska with lime, passion fruit,
mango, strawberry or pineapple 8,5 €

Mojito 8 €

Mojito with lime, passion fruit,
mango, strawberry or pineapple 8,5 €

Aperol Spritz 8 €

Margarita 8 €

Margarita with lime, passion fruit,
mango, strawberry or pineapple 8,5 €

Mimosa 5 €