

GRUPO

# Capricciosa

DOCA  
DE  
SANTO

Capricciosa  
Pizzas Artesanais



SOPHIA  
Natural Italian

Lat.A  
café Zília Bairro Alameda

sellva

sophia  
NATURAL PIZZOTECA & BAR

Gelati  
di Capricciosa

jânga!  
cafetaria saudável



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# sellva

## Brunch

All prices are in euros and include VAT at the current legal rate. No food or beverage products may be charged if it is not requested by the customer or unused by him (DL No. 10/2015, of 16 January - art. 135). No ingredient swapping allowed (only allowed remove ingredients). The Sellva restaurant presents, in a discriminated way in the customers' accounts, a suggested gratuity value. The payment of this amount is optional, and fully delivered to the team. We are not responsible for any failures of the ATM network. This establishment has a complaints book.



## Brunch *Daily until 6 pm*

### Combos

<b>Mouzinho</b> - Choose 1 Bowl + 1 Egg option	15 €
<b>Campo de Ourique</b> - Choose 1 Bowl + 1 Burrito or Bagel	15 €
<b>Lx Factory</b> - Choose 1 Pastry + 1 Bowl	12 €

### Bowls

<b>Seasonal fruit mix</b> with yogurt ice cream, flaxseed & granola 🌱🌱	6,9 €
<b>Açaí</b> with banana, lemon granola, nuts and seeds 🌱🌱🌱	7,8 €
<b>Overnight oats</b> , granola and red berries 🌱🌱	5 €
<b>Chia pudding</b> with mango, milk & coconut flakes 🌱🌱🌱	6,9 €

### Bread & Eggs

Our homemade gluten-free bread

Sourdough "Pão do Beco"

Sweet potato base

—

<b>Avocado toast</b> with mushrooms, spinach and pea shoots with our homemade gluten-free bread 🌱🌱	6 €
<b>Mushroom toast with avocado cream and omelette</b> with our homemade gluten-free bread 🌱🌱	9 €
<b>Florentine eggs</b> with spinach and hollandaise sauce	8,5 €
<b>Scrambled eggs with bacon</b> , avocado, tomato and poppy seeds	9,9 €
<b>Poached eggs with smoked salmon</b> , avocado, cashews, savory granola and sorrel sprouts 🌱🌱	11 €



# Brunch all day

## Burritos & Bagels

<b>Egg burrito with avocado</b> , bacon, scrambled egg, gouda, sweet potato	9,9 €
<b>Grilled chicken burrito</b> , with romaine lettuce, mozzarella, kimchi mayo, corn and sweet potato 🌱	12 €
<b>Smoked salmon bagel</b> , herb sauce, salad mix, fried egg and poppy seeds 🐟	9,9 €

## Pancakes

<b>Ricotta pancakes</b> with banana, maple syrup, cinnamon and lime zest 🌱	7,3 €
<b>Pancakes with Sellva's nutella</b> and berries 🌱🍓	7,6 €
<b>Pancakes with peanut butter</b> , fruit mix and pistachio 🌱🍓	7,6 €
<b>"Tribo" pancakes</b> with nutella and banana 🍓	5 €

## Pastries

<b>Buckwheat cake</b> with chocolate and hazelnut 🍓	2,5 €
<b>Banana and chocolate muffin</b> 🌱	3,4 €
<b>Healthy ginger and coffee biscuit</b> 🌱🌱🍓	2,5 €
<b>Healthy brigadeiro</b> 🌱🌱	1,5 €
<b>Healthy chocolate and walnut cookies</b> 🌱🍓🌱	2,5 €
<b>Power rocher</b> 🌱	2,6 €
<b>Date and coconut power ball</b> 🌱🌱	1,5 €
<b>Chocolate and beetroot muffin</b> 🌱🌱	4,4 €
<b>Chocolate chunky cookies</b> 🍓	2,5 €



We do not guarantee the absence of gluten due to cross-contamination in our dishes.

🌱 Vegan   🍓 Nuts and Peanuts   🌱 Lactose Free   🌶️ Spicy   🌱 Gluten Free   🐟 Fish

# Hydration Waterfall

## Fresh Juices

<b>King of the Jungle</b> – Juice of the day	3,5 €
<b>Mogli</b> – Pineapple, mango, lime, basil	4,75 €
<b>Bagheera</b> – Orange, raspberry, lime	4,75 €
<b>Simba</b> – Orange	4,5 €
<b>Kaa</b> – Pineapple, mint	4,5 €
<b>Nala</b> – Basil or berry lemonade	3 €
<b>Kamari</b> – Açai, banana, strawberry, lemon juice	6,3 €

## Detox Juices

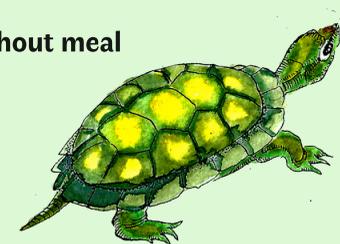
<b>Timon</b> – Banana, orange, spinach, lettuce, sunflower seeds	5 €
<b>Pumba</b> – Beetroot, cucumber, orange, ginger	5 €
<b>Banzai</b> – Coconut water, matcha, mint, lime, stevia	6 €

## Smoothies (Protein option)

<b>Zazu</b> – Berries, oat flour, cashew, orange juice, ginger, mint, plant-based milk	6,8 €
<b>Baloo</b> – Pineapple, plant-based milk, orange juice, cashew, mango pulp, sunflower seeds, basil, lemon juice	6,3 €

## Coffee & Tea

<b>Water</b> still or sparkling (50cl)	2 €
<b>Espresso</b>   <b>Espresso without meal</b>	2 €   2,5 €
<b>Double Espresso</b>	2,6 €
<b>Macchiato</b>	2,5 €
<b>Americano</b>	3,2 €
<b>Flat White</b>	3,5 €
<b>Latte*</b>	3,5 €
<b>Chai latte*</b> Chai and milk	3,5 €
<b>Matcha latte*</b> Matcha and milk	2,5 €
<b>Cappucino*</b> Milk and coffee	3,5 €
<b>Mochachino*</b> Cocoa, coffee and milk	3,5 €
<b>Iced latte*</b> Ice, milk and coffee	3,5 €
<b>V60 with our speciality coffee</b>	2,5 €
<b>Cold Brew</b>	2,5 €
<b>Hot chocolate</b>	3,5 €
<b>Fresh Mint, Ginger or Turmeric Infusion</b>	3 €
<b>Black or Green Gorreana tea</b>	3 €



\*With almond or oat milk: +€1