



Into the Wild

Couvert

Mushroom cream soup with asian vegetable pickles 🌱 3 €

Starters

Soup of the day 4 €

or Poached eggs with peas, lime and mint 🌱

Cheese and tapioca dumplings with herb sauce 🌱 6,5 €

Vietnamese crepes with asian sauce 🌱🌱🌱 7 €

Tacos with avocado cream and shrimp 10,5 €
sautéed with spicy marinade and yuzu sauce 🌱🌱

Baba ganoush with candied lemon
and pumpkin crisp with seeds 🌱🌱🌱 7 €

★ Vegetable gyosas with miso sauce and chilli oil 🌱 5,5 €



Main Courses

- Sellva's nasi goreng with prawns**, snow peas, fried egg, basmati rice, chillies, shallots, pak choi, cashews, shitake mushrooms and spring onions 🌱🌱🌱 16,5 €
- ★ **Asia bowl**, with sushi rice, marinated tuna, avocado, mango, shitake mushrooms and seaweed 🌱🌱🌱 15 €
- Brazil bowl with sautéed prawns**, spinach, moqueca sauce, farofa and brown rice 🌱🌱🌱🌱 14,5 €
- Vegetable pad Thai** with rice noodles, lime and tamarind [with chicken or prawns add 4,5 €] 🌱🌱🌱🌱 16 €
- Tuna tataki with vegetable wok** and teriyaki sauce 🌱🌱 18,8 €
- Roast chicken with kimchi**, sweet potato and avocado cream 🌱🌱🌱 14,6 €
- ★ **Jungle ramen**, noodles in miso broth [with chicken or prawns add 4,5 €] 🌱🌱🌱 14,5 €
- Raw tuna salad with millet**, avocado, mango and red onion 🌱🌱 14,1 €
- ★ **Thai chicken salad**, with spinach and coriander, dates and tamarind sauce 🌱🌱 14,95 €
- ★ **Asian salad**, red rice, crispy chickpeas, red onion, mango, salad mix and tofu 🌱🌱🌱 14,95 €



Kids Menu

Under 12 years old

Roasted chicken with basmati rice
and sweet potato chips

or

Mini cheeseburger with homemade ketchup
and sweet potato chips

+ **Fresh juice** 9 €

Desserts

Sellva hazelnut, buckwheat cake, chocolate, hazelnut,
hazelnut ice cream ball and homemade Nutella 5,8 €

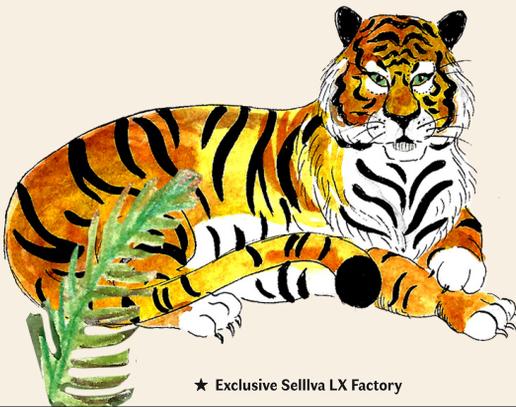
Pistachio fondant 6,3 €

Yogurt cheesecake with red berries 5,8 €

★ **French toast with miso** with shredded coconut,
pistachio and date toffee 7,5 €

Ice cream scoop 4 €

Hazelnut | Mango sticky rice | Yuzu with sake



★ Exclusive Sellva LX Factory

We cannot guarantee the absence of gluten due to cross-contamination in our dishes.

✓ Vegan

⊘ Nuts and Peanuts

⊘ Lactose Free

🌶️ Spicy

⊘ Gluten Free

🐟 Fish



Hydration Waterfall

Fresh Juices

King of the Jungle – Juice of the day	3,5 €
Mogli – Pineapple, mango, lime, basil	4,75 €
Bagheera – Orange, raspberry, lime	4,75 €
Simba – Orange	4,5 €
Kaa – Pineapple, mint	4,5 €
Nala – Basil or berry lemonade	3 €
Kamari – Açai, banana, strawberry, lemon juice	6,3 €

Detox Juices

Timon – Banana, orange, spinach, lettuce, sunflower seeds	5 €
Pumba – Beetroot, cucumber, orange, ginger	5 €
Banzai – Coconut water, matcha, mint, lime, stevia	6 €

Smoothies

Zazu – Berries, oat flour, cashew, orange juice, ginger, mint, plant-based milk	6,8 €
Baloo – Pineapple, plant-based milk, orange juice, cashew, mango pulp, sunflower seeds, basil, lemon juice	6,3 €

Coffee & Tea

Water still or sparkling (50cl)	2 €
Espresso	2 €
Espresso without meal	2,5 €
Double Espresso	2,6 €
Americano	3,2 €
Macchiato	2,5 €
Flat White	3,5 €
Latte*	3,5 €
Chai latte* Chai and milk	3,5 €
Matcha latte* Matcha and milk	2,5 €
Cappucino* Milk and coffee	3,5 €
Mochachino* Cocoa, milk and coffee	3,5 €
Iced latte* Ice, milk and coffee	3,5 €
V60 with our speciality coffee	2,5 €
Cold Brew	2,5 €
Hot chocolate	3,5 €
Fresh Mint, Ginger or Turmeric Infusion	3 €
Black or Green Gorreana tea	3 €

*With almond or oat milk: +€1

From the Bar

Beers

Super Bock 20cl	2,3 €
Super Bock 40cl	3,9 €

Jungle Cocktails

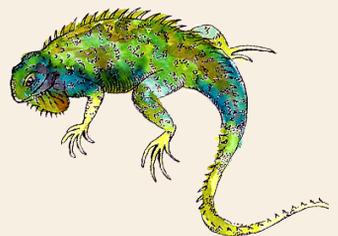
Rei Juliano – Sparkling sangria, 42 Below vodka, mango, passion fruit (1L)	25 €
Jungle sunset – Bombay Sapphire Gin, peach juice, lemon juice, hibiscus foam	9,4 €
Tsurai Mule – Vodka 42 Bellow, lime, wasabi foam, and ginger beer	9 €
Jungle Pilot – Rum Bacardi Carta Blanca, pineapple, lime, passion fruit	9 €
Beet It – Cazadores tequila, beetroot, apple, lime	9 €



From the Bar

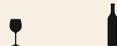
Urban Cocktails

Basil Smash – Gin Bombay Dry, basil, lime	9,4 €
Caipirinha – Cachaça with lime, passion fruit, mango, strawberry or pineapple	9 €
Caipiroska – Vodka 42 Bellow with lime, passion fruit, mango, strawberry or pineapple	9 €
Mojito – Rum Bacardi Carta Blanca with lime, passion fruit, mango, strawberry or pineapple	9 €
Margarita – Tequila Cazadores with lime, passion fruit, mango, strawberry or pineapple	9 €
Spritz – Fiero with sparkling wine and soda	9 €
Moscow Mule – Vodka 42 Bellow, ginger beer, lime juice, passion fruit foam	9 €
Mimosa – Sparkling wine and orange juice	6 €
Negroni – Gin Bombay Sapphire, Martini Bitter and Rosso	9,4 €
Whisky Sour – Dewar's whisky, lemon juice, egg white	9 €
Daiquiri – Rum Bacardi Carta Blanca, lime juice	9 €
Expresso Martini – Vodka 42 Below and coffee	8,4 €



From the Vine

Sparkling Wine & Champagne



Rosa Duck Pet Nat, Bairrada	28 €
Perrier Jouet Grand Brut, França	112 €

White Wine

Aveleda Alvarinho, Vinho Verde, Minho	5 €	20 €
Assobio, Douro	5 €	20 €
Quinta das Marias Encruzado, Dão		29,5 €
Chocapalha Sauvignon Blanc, Lisboa		27,5 €
Esporão Colheita Bio, Alentejo [Bio]	6,5 €	25 €

Rose Wine

Assobio, Douro	5 €	€
Niepoort Nat Cool (1L), Bairrada	8,5 €	43 €

Red Wine

Assobio, Douro	5 €	20 €
Quinta do Côtto, Douro		29 €
Niepoort Nat Cool "Baga", Bairrada	6,5 €	32 €
Dona Ermelinda Reserva, Península de Setubal		23,5 €
Esporão Colheita Bio, Alentejo [Bio]	6,5 €	28 €
Esporão Reserva, Alentejo		42 €

GRUPO

Capricciosa

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DE
SANTO

Capricciosa
Pizzas Artesanais



SOPHIA
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NATURAL PIZZOTECA & BAR

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All prices are in euros and include VAT at the current legal rate. No food or beverage products may be charged if it is not requested by the customer or unused by him (DL No. 10/2015, of 16 January - art. 135). No ingredient swapping allowed (only allowed remove ingredients). The Sellva restaurant presents, in a discriminated way in the customers' accounts, a suggested gratuity value. The payment of this amount is optional, and fully delivered to the team. We are not responsible for any failures of the ATM network. We have a complaints book.